HealthWise Wales
Research plans 2015 – 2018
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The public health challenge:

- Post-industrial legacy of socio-economic deprivation
- Widening inequalities gap in and health and wellbeing
- Rapidly changing environments -- ecology, economy, demography
- Build resilience for an aging population

What we need:

- A new partnership between the public, researchers and policy makers
- Public at the heart of knowledge generation and translation into practice
HealthWise Wales

A dedicated research programme for the co-production of health and wellbeing that will:

1. Actively engage and encourage the public to be informed, inspired and involved in research
2. Invite the public to participate in the identification of key research priorities, design studies in partnership with scientists and provide data for analysis
3. Create a database of potential participants for research studies
4. Create a cohort with regular follow up to obtain exposure and outcome data that are not routinely available from other sources
HealthWise Wales research platform

Figure 1

- **Entire population:** Routinely collected data linked anonymously
- **Consented cohort:** Web-based questionnaires
- **Bio-sample:** For genetic and gene environment studies
- **Specific studies with detailed measurement** e.g. imaging studies

Trials and hypothesis-driven observational studies
HealthWise Wales research aims

1. To better understand the facilitators and barriers, and develop and test models to increase public engagement in health and social care research

2. Investigate the widest possible range of social, environmental and biological determinants of health and wellbeing during the life-course
   - multiple causal pathways and epigenetic mechanisms of influence
   - interplay between socio-economic deprivation, health and wellbeing

3. Develop and test interventions to improve population health and wellbeing
   - impact of bundles of interventions on health and wellbeing across the life-course
Recruitment

Figure 2: Recruitment targets

Public engagement activities

Phase 1

50% of recruitment target reached

Public Launch

“Soft” launch

Piloting of recruitment strategies begins

Phase 2

Publicity and public education campaigns

Numbers recruited

May-15  Sep-15  Jan-16  May-16  Sep-16  Jan-17  May-17  Sep-17  Jan-18  May-18  Sep-18  Jan-19  May-19  Sep-19  Jan-20  May-20
Implementation plan

Development phase: Oct 2014 – Apr 2015


Phase 1: Nov 2015 – Apr 2018
You can improve the health and care of people in Wales. Join us and donate your information by answering a few simple questions. A small amount of your time will make a big difference to health and wellbeing in Wales.

HealthWise Wales is an opportunity for everyone in Wales aged 16 or over to take part in research to create better health, care and wellbeing. By joining today, your information and experience can help us to understand what works, and shape the services that we need in the future. Together we can make a big impact and address the health challenges we face in Wales today.
Welcome to HealthWise Wales.

Taking part in HealthWise Wales is voluntary. If you join and then change your mind, you can leave the study at any time.

We will keep the information that you share with us. It will be held securely by Cardiff University and the NHS Wales Informatics Service. Names and personal details will be stored in a different place to all other study information.

The study has been approved by the Wales Research Ethics Committee 3 (Wales REC3).

Please read the information on the following pages before agreeing to take part in the study.

If you would like further details, you can find these in the 'About the Study' section.
By taking part, you are agreeing to:

1. Provide us with your contact details (e.g. name, address, email address, phone number) and some personal details (e.g. sex, date of birth, ethnic group).
2. Answer some questions about your lifestyle and health.
3. Allow us to use your details to access and use the information in your routinely collected NHS records.
4. Be contacted every 6 months or so by the study team, to give us information about your lifestyle, health and wellbeing.
5. Be contacted to take part in events where we ask you about the topics we should be studying.
6. Be contacted by the study team about other studies that you may want to take part in.
7. Allow us to share anonymous information with other researchers if they have scientific and ethical approval for the questions that they would like to answer with the information, and have the right training.
By agreeing to take part, you also declare that:

1. You have read and understood the information on this website.
2. You are currently living in Wales, or using health services in Wales.
3. You are aged 16+.

If you do not understand any of the above information, you can contact us to discuss:

1. By phone on 0800 9 172 172 (free from most landlines) or 02920 768 090. Our office hours are 8.00 am to 7.00 pm, Monday to Friday.
2. By email on healthwisewales@cardiff.ac.uk
3. Using the enquiry form on the "Contact Us" page.

If you don't want to take part, you don't have to do anything. Thank you for reading this far.
Now that you understand what is involved, do you agree to take part in the HealthWise Wales study?

To join the study, please enter your email address, select a password, and press the 'I agree' button. 
(Please ensure that your password is at least 8 characters long, be a mix of upper and lower case letters and contain at least one number.)

Email address

Confirm email address

Password

Confirm password

I agree
Main menu

Please select your next questionnaire

- About me
- What I do
- How I feel
- How I live
- What I think

- Testing data collection systems, study materials, recruitment support systems, record linkage (n=500)
- Task and Finish group to develop strategy for bio-sampling
- Focus groups with the public – community groups
- Workshops with researchers
- Scope research plans for phase 1, data collection modules 2 and 3, case studies
- Strategy for recruiting children
- Formal Launch in Phase 1
Case studies

To illustrate the utility of HealthWise Wales as a platform for research, using four case studies

Qualitative studies
  • public engagement research
  • the role of altruism in promoting research participation
  • issues around the deemed consent legislation for kidney donation

Epidemiological studies
  • mental health
  • infections and antibiotic prescribing

Using the database of participants to support recruitment to other studies
Get involved

• Join HealthWise Wales

• Visit our stand

• Circulate the link, pens and postcards to your networks

• Tell us what you think:
  Complete the “What I think” questionnaire
  Send us an email
  Complete the feedback form on the website

• Take part in workshops
Thank you for listening
Please let us know what you think
Email: healthwisewales@cardiff.ac.uk