Established in April 2011 as Wales’ first Biomedical Research Centre

- Brings together world-leading researchers, healthcare professionals, patients and carers to learn more about mental health and mental illness
Success to date

• Over 4,500 participated in NCMH research
• Grant income (>£5 million) and publications (>300)
• Programmes of Knowledge transfer, Public Engagement and Involvement
• Relationships with NHS and 3rd sector organizations throughout Wales
Research

- Support and undertake high quality research into causes, triggers, diagnosis and treatment of mental illness and learning disability across the lifespan
- Improve understanding
- Improve diagnosis, treatment and support
Biological

- NCMH established as a biobank
- Identifying genetic factors that influence risk of illness
- IPS cell lines
- Neuroimaging
• Interviews and questionnaires: social and psychological factors
• Personality traits / life events
• Social determinants
• Integrate with biological data
COMMUNICATION & ENGAGEMENT
Website

- Resources covering 9 different Mental Health disorders
- Downloadable leaflets
- Links to online tools
- Signposting to other resources online

Online Website

3000 visits monthly
Social media

@ncmh_wales
1033 Followers

/walesmentalhealth
500 ‘Likes’
In print

Suite of 8 leaflets with several more on the way

Trustworthy resources for patients, carers, clinicians and services

50000+ leaflets printed
Downloaded 6500 times
In person

- Between 40-50 events attended each year
- From small support groups to major international events, conferences, music festivals
- Previous NCMH events included a film premiere, a bluegrass gig and a city-centre pop-up shop
Intervention Development

- Group intervention delivered to over 500 people throughout Wales
- Beating Bipolar accessed by over 7000 people
- BMJ Award for innovation in medicine 2014
Research Champions

- Around 10 ‘official’ Research Champions
- Sharing their stories to inspire others
- Online profiles
- Speaking at events
- Contributing to press articles
- Appearing in promotional materials
Advisory Board
National Centre for Mental Health
Future Plans
Aims

• To advance mental health and learning disability research in Wales
• To engage with patients, their families, the wider public and third sector organisations in Wales to increase understanding of mental illness and LD and the need for research
• To change the research culture in health and social care services
NCMH Future Plans

- Continue to do what we have done well
- Develop in a number of key ways
  - Learning Disability
  - Expanded team including Swansea and Bangor Universities
    - Farr Institute / CIPHER - SAIL
    - Centre for Mental Health and Society
Ian Jones
Mike Owen
Keith Lloyd
Catherine Robinson
Mike Kerr
David Ford
Michael Jackson
Ann John
Nick Cradock
Debbie Cohen

Liz Forty
William Gray
Jeremy Hall
Peter Hiolmans
Meng Li
David Linden
Michael O’Donovan
Anita Thapar
James Walters
Thank you

- Participants
- Members of our advisory board and all 3rd Sector orgs
- External review panel
- Research Champions
- Clinicians and Clinical teams
- NCMH Leads, NCMH Research Collaborators and Facilitators
- Academic collaborators
- Health and Care Research Wales
The NCMH team
National Centre for Mental Health

Professor Ian Jones
Director NCMH