

First Steps: members of the public and researchers working together

Facilitators: This course is facilitated by members of the Involving People Network and staff

Course Outline:

This half day course is part of the Public Involvement and Engagement training programme, following the induction e-learning module found via this link

<https://www.healthandcareresearch.gov.wales/network-member-training/>

The course is aimed at both researchers and Involving People network members:

**For researchers this course will help improve your understanding of user/public involvement in research and how this will benefit your research.

**For Involving People network members this course will help increase your understanding of user/public involvement in the research process and to expand your research knowledge to help your role.

This interactive course includes an overview of the research cycle and lay involvement, a discussion of service user roles and responsibilities and practical tips for effective involvement.

The format of the course will include presentations, group work and discussion.

Please note a certificate of attendance will only be issued if delegates complete all elements of the training.

Learning outcomes:

- To identify the benefits of public involvement, where people are not the subjects, but are working with researchers to plan, manage and carry out research
- To outline the journey of involvement in research, starting with a general introduction and overview
- To relate the different ways in which to become involved in research and the different settings to help make a difference using individual skills